

Sarah McLean

Education

Master of Social Work, University of Maine	Orono, Maine	May 2009
Bachelor of Arts, Sociology, University of Maine	Orono, Maine	August 2004

Work Experience

Private practice Presque Isle, Maine Nov 14 - current
>Providing outpatient therapy to individuals and consultation to groups

Clinical Consultant/Therapist, AMHC Caribou, Maine July 09 – Oct 14
>Provided mental health treatment to children, adults, couples, and families, including in-home family treatment
>Provided consultation to bachelor's level staff, including on-call crisis consultation
>Facilitated team meetings
>Promoted and marketed in-home family treatment program

Adult Crisis Counselor, AMHC Presque Isle, Maine Aug 07 – June 09
>Provided supportive counseling to adults in crisis at the Adult Crisis Stabilization Unit, Helpline, and in the community, including completing emergency evaluations

Family Support Worker, Families United Caribou, Maine Jan 07 – Aug 07
>Supported families in the process of reunifying with their children

Group Home Counselor, Community Care Brewer, Maine March 02 – Dec 06

Volunteer Experience

Developed and maintained an activities website 2012-2013
Coordinator for AFSP fundraising walk Aroostook county Feb 08 – Sept 08
(American Foundation for Suicide Prevention)
Hope and Justice Project – local DV project Caribou, Maine Sept 07 – April 08
Sylvia Ross Home – nursing/boarding home Bangor, Maine May 06 – Aug 06
Spruce Run – DV project Bangor, Maine Oct 05 – Oct 06

Skills

Facilitating meetings and groups Marketing and promoting programs and services
Providing consultation to other clinicians and bachelor's level staff
Completing accurate documentation in a timely manner
Making clinical recommendations for clients
Assessing client's needs and engagement Modifying treatment plans as needed
Teaching mindfulness skills Providing EMDR therapy

Training/Licensure/Certifications

Licensed Clinical Social Worker, LC13445 Trained in EMDR Therapy
Certified in Trauma Focused CBT Trained in DBT